

How do I feel?

Using the following pages, look together at the pictures of Mr Big's face.

- Talk about how he is feeling in each one.
- Put the faces in order to show from saddest to happiest.
- Discuss what kinds of thought Mr Big might be having at each point.
- Ask children to show how happy or sad they sometimes feel and to explain why.
- Let them choose a picture of Mr Big and then draw how they look when they are feeling the same emotion. They can also draw about what makes them feel that way.
- Ask the children to make a happy, sad, angry or sorry face and the rest of the group can guess what emotion they are trying to show?

